



2019 POP WARNER INFORMATION SHEET  
FOOTBALL / CHEERLEADING

**REGISTRATION INFORMATION:**

**Regular Registration:**

June 10 – July 5, 2019\*

- Offices will be closed on Thursday, July 4th

July 6 – 12, 2019\*

\*POP Warner registration is in **office** only.

**Additional Registration options:**

Parks & Recreation Office

Saturday, July 13, 2019 – 8am-10am

**Parks and Recreation Department hours:**

Monday – Friday, 8am – 5pm

4100 Main St, Harrisburg, NC 28075

(704) 455-7275

Pop Warner was founded in 1929, and serves as the only youth football, cheerleading & dance organization that requires its participants to maintain academic standards in order to participate. Consisting of approximately 425,000 young people ranging from ages 5 to 16 years old, Pop Warner is the largest youth football, cheer and dance program in the world.

**FOOTBALL AND CHEERLEADING:**

**DIVISIONS & ELIGIBILITY**

<b>DIVISIONS</b>	<b>AGES as of 7/31/2019</b>	<b>WEIGHT</b>
Mitey-Mite	7, 8, and 9	50-100 lbs.
Jr. Pee Wee	8, 9, and 10	65-115 lbs.
(older/lighter)	11*	65-95 lbs.
Pee Wee	9, 10, and 11	80-130 lbs.
(older/lighter)	12*	80-110 lbs.
Jr. Varsity	10, 11, and 12	95-155 lbs.
(older/lighter)	13*	95-135 lbs.

\*The asterisked provisions in each division allow the so-called “older but lighter” player to also qualify.

The last year of eligibility falls under more stringent weight restrictions, per above.

\*\*Body weight is not a factor in cheerleading.

**HOW MUCH WILL IT COST TO REGISTER MY CHILD?**

- **Football**
  - Cabarrus County Residents                             \$160 + \$100 Deposit = \$260
  - Non-Resident of Cabarrus County                     \$190 + \$100 Deposit = \$290
  
- **Cheerleading**
  - Cabarrus County Residents                             \$130 + \$50 Deposit = \$180
  - Non-Resident of Cabarrus County                     \$160 + \$50 Deposit = \$210

Uniform/equipment deposit is refundable at the end of the season.

### **WHAT IS REQUIRED TO SIGN UP?**

- *1 Copy of Birth Certificate*
- *1 Copy of Report Card. Must provide all 4 quarters including final grade. Must be legible.*
- *Pop Warner Physical Form. Child will be ineligible to play without this form properly completed.*
- *Pop Warner Player Contract*
- *Harrisburg Parks & Recreation Registration Form*
- *Registration Fee and deposit*

### **IS THERE A REFUND POLICY?**

- Athletic Refund Policy: 100% Refund prior to your division's first practice. 50% prior to your division's first game. No refund after your division's first game. A **\$10** administrative fee will be processed on all refunds.

### **WHERE CAN I REGISTER?**

- **Parks & Recreation Office:** 4100 Main St, Harrisburg, NC 28075.

### **WHAT IS INCLUDED IN THE REGISTRATION FEE?**

- Registration fees assist with the cost of uniforms, equipment, field prep & maintenance, lights, insurance, Pop Warner Association dues, referees, game officials, on site medic, and other league needs as deemed necessary.

### **WHAT EQUIPMENT IS INCLUDED?**

- Football: Helmet, chin strap, shoulder pads, game day jersey, game day pants, and game day socks. The jersey may be kept at the end of the season. The helmet, shoulder pads and pants must be returned at the end of the season.
- Cheer: Uniform (top and bottom), bloomers, bodysuit for under uniform, hair bow, cheer bag, pom poms, tennis shoes and t-shirt. The hair bow, cheer bag, tennis shoes and t-shirt may be kept at the end of the season. The uniform, bloomers, bodysuit and pom poms must be returned at the end of the season.

### **WHAT EQUIPMENT WILL I NEED TO PROVIDE FOR MY CHILD?**

- Football: Practice pants with pads, a practice jersey, cleats and mouth piece.
- Cheer: Practice t-shirt, shorts and tennis shoes.

### **CAN I USE A DOCTOR'S STANDARD PHYSICAL AS MY PHYSICAL?**

- No. Section II of the Physical Fitness & Medical History Form must be completed and signed by a licensed state examiner. The form is the official certification that your child has been cleared medically to participate in Pop Warner. The form must be signed in the same year as the season in which you wish to participate.

### **WHY DO I NEED TO PROVIDE MY CHILD'S REPORT CARD?**

- Pop Warner requires proof of scholastic fitness. Participants must have a minimum or equivalent of a 2.0/70% in order to participate.

### **WHAT IF MY CHILD DOES NOT HAVE A 2.0 AVERAGE?**

- If your child does not meet the scholastic requirements, they may submit a Scholastic Eligibility Form. This form must be accompanied by a progressing progress report or report card to be eligible for play by the scholastic deadline (TBA). If no progressing progress report or report card is submitted in this window then the player shall be found ineligible for the rest of the year.

### **WHEN DO I RECEIVE MY DEPOSIT?**

- Deposits are refunded after equipment and uniforms are returned to the department. When returning equipment please verify the name and address to which the refund check will be mailed. Allow 2-4 weeks for processing.

### **WHAT IF MY CHILD IS TRYING OUT FOR THE SCHOOL FOOTBALL TEAM?**

- In order to play Pop Warner football, you must pre-register. A full refund will be granted should your child make the school team (proof of school participation may be requested).

### **HOW WILL I KNOW WHEN I'M ON A TEAM OR SQUAD?**

- Football: Once registration has ended, drafts will take place. Once players have been drafted onto a team, the coach of that team should contact you no later than the weekend before the start of practice.
- Cheer: Once registration has ended, squads will be formed. The coach of your squad should contact you notifying you of your first practice day and time.

### **WHEN DO PRACTICES START AND HOW OFTEN ARE THEY?**

- Football: Practices start the 1<sup>st</sup> week of August. Practices are twice a week for 2 hours. For the first month, there will be Saturday practices in addition to the 2 weekday practices. Once games start, practices may remain twice a week for the younger age groups. Junior PeeWee and up may continue to practice 3 times a week. Practices are at the discretion of the coach. Your coach will determine your practice days. Practices are typically Monday/Wednesday or Tuesday/Thursday (but may be any combination of days).
- Cheer: Practices start the 1<sup>st</sup> week of August. Practices are typically twice a week for 1.5-2 hours. For the first month, there may be a Saturday practice as well until games begin.

### **WHERE ARE PRACTICES HELD?**

- Football: Practices are held at Harrisburg Park for the majority of the season. Practices may be held at Stallings Park at the beginning of the season while the field is being prepped.
- Cheer: Practices will be held at Stallings Park.

### **WHEN DO GAMES START?**

- Games begin the Saturday before Labor Day and are typically held on Saturdays (some Friday evening games may be held). The game schedules will be released by Pop Warner the week prior. Cheer coaches will tell you which game the cheer squad will cheer at that week.

### **WHERE ARE GAMES PLAYED?**

- Along with hosting a number of games at Harrisburg Park, the Harrisburg Cowboys also travel to other Pop Warner associations within the Pop Warner Little Panthers League.
- For a complete list of associations and directions, please visit:  
<http://www.popwarnerlittlepanthers.org/page/show/539947-game-sites>.

## WHERE DO I FIND THE GAME SCHEDULE?

- Pop Warner usually releases schedules the Monday prior to the first Saturday game.
- Game schedules may be found at the following link:  
<http://www.popwarnerlittlepanthers.org/page/show/539948-schedules-and-results>.
- This link will also be viewable from the Harrisburg Pop Warner Football webpage.

## HOW LONG IS THE SEASON?

- The season begins in August and typically ends mid-November.

## HOW TO BE A COACH:

- All coaches must complete a Pop Warner Volunteer Application form, a Parks & Recreation coach's application, criminal background check, volunteer waiver form, and sign the Coaches Code of Conduct to be cleared to coach. Coaches must also have their picture made for an ID badge. Badges should be worn at all games and practices. **Completion of paperwork does not guarantee a coaching position.** For more information call 704-455-7275 or visit [www.harrisburgnc.org](http://www.harrisburgnc.org).
- **All head coaches must also:** Complete the USA Football Clinic either online or by attending a scheduled clinic. Attend the four hour Mid-south Region Coaches training which includes information on Pop Warner Rules and Philosophy, Risk Management, and the Pop Warner Code of Conduct (completion of these requirements certifies head coaches for three years).

## **CHEER ONLY:**

### WARM UPS:

- Your coach may request your purchase a set of warm up clothes (Jacket and/or pants) to wear. This may be an additional fee that is not part of the registration fee.

### COMPETITION:

- All Pop Warner cheer squads are required to attend Local Cheer Competition (in Concord or surrounding area). Cheer Competition is typically held the third weekend in October. It is mandatory for each cheerleader to attend unless there is an extenuating circumstance. Your cheer squad relies on each cheerleader to be there. Your coach will work on a routine consisting of a dance, cheers and stunts that are appropriate for your age level. They will perform this at local competition.
- For the Junior Pee Wee age group and up – if you advance past locals, your squad will be required to attend the Regional Cheer Competition – held out of State the Thursday and Friday prior to Thanksgiving. In 2018 competition was held in Virginia Beach. Again, this is mandatory for each child to attend as your squad relies on you for the routine. The Town of Harrisburg will help cover the cost of one hotel room per child, but will not cover travel expenses or food. Squads are required to check in Thanksgiving Day and spend the night. Competition is typically the Friday after Thanksgiving.
- If the squad advances past Regionals, they are REQUIRED by Pop Warner to attend Nationals in Disney World the 1<sup>st</sup> or 2<sup>nd</sup> week in December. The Town of Harrisburg will assist with accommodations for the trip including travel up to a certain amount, however, each family should expect to incur travel expenses along with food expenses for the parent or chaperone with each child. These expenses can range from \$600-\$800 per person. In 2018, the Town of Harrisburg assisted by paying the cost of the room, meal plan and up to \$250 in travel per cheerleader only. The Town does not pay for chaperones on this trip, with the exception of the head coach.
- All cheerleaders must be chaperoned by at least one parent. Pop Warner requires you stay on a Disney Resort property and book through their travel agency. You are not allowed to stay at a different resort. You must stay for a minimum of 2 nights. Pop Warner is strict on these requirements. Details about this will be sent out closer to competition time.

**FUNDRAISERS:**

- In an effort to raise money to help cover the cost of competition, if needed, the squad may participate in fundraisers throughout the season.

**UNIFORM FITTING:**

- A uniform fitting / team meeting will be scheduled prior to the start of the season. The date and time is TBD but will be sent to all cheerleaders prior to.

**FOR INFORMATION CONTACT:**

Mike Kirby, Recreation Coordinator (ages 9-15)  
Erin Kegley, Recreation Coordinator (ages 3-8)

704-455-0725  
704-455-0723

[mkirby@harrisburgnc.org](mailto:mkirby@harrisburgnc.org)  
[ekegley@harrisburgnc.org](mailto:ekegley@harrisburgnc.org)

**IMPORTANT DATES**

**COACHES MEETING:**

Football: **Thur, June 27, 2019** **6:00pm** **Town Hall**  
Cheer: **TBD**

**SKILLS ASSESSMENTS:**

Football: **Sat, July 13, 2019** **9am - 11am** **Stallings Park**  
Cheer: **N/A**

**\*\*All players must attend one of these sessions\*\***  
A doctor will be onsite to do physicals for those who need them.

**PHYSICALS:**

Football: **Sat, July 13, 2019** **8am - 10am** **Town Hall – Parks and Recreation Office**  
**\$25 (cash only – exact change please)**

**DRAFTS:**

Football: **End of July**  
Cheer: **N/A**

**PRACTICES:**

Football: **Beginning of August** **Tue, August 1, 2019**  
Cheer: **Beginning of August**

**GAMES:**

Football: **Late August** **Sat, August 24, 2019**  
Cheer: **Late August**

**END OF SEASON:**

Football: **November** **TBD**  
Cheer: **November**

***\*NOTE: FOOTBALL GAMES ARE TENTATIVE AND SUBJECT TO CHANGE DEPENDING ON FIELD AVAILABILITY.***

For more information on the 2019 Fall season please visit us online at [www.harrisburgnc.org](http://www.harrisburgnc.org) or call the Parks and Recreation office at 704-455-PARK (7275). We look forward to a successful Fall season!